

Tyrol's Sport & Vital Park Achensee is a top tip for families

Young and old alike will be enchanted by Tyrol's largest lake and the fantastic variety of activities on offer in the region. The incredibly diverse programme of events guarantees fun and adventure for children and young people. The Achensee region impressively demonstrates that it places great value on quality: it has now been a member of the Family Tyrol scheme for 3 years.

Water lovers and little mountaineers will be completely at ease in the Achensee region. A fantastic weekly programme with new sporty, creative and varied adventures every day is available for the "little grown-ups". The educational activities on offer are led by 4 qualified childcare workers and there is certainly no room for boredom. The Verein der Tiroler Familiennester [Tyrolean Association of Family Nests] guarantees proven family-friendly quality in Family Tyrol villages: membership is restricted to regions that have an above-average range of activities aimed specifically at families, as well as basic services and accommodation that cater specifically for the youngest of guests.

Set off around the lake with Wusel Wassergeist & co.

From Monday to Friday, kids aged from 4 to 11 years can explore the region's unique natural landscape and spend their holiday having fun. Accompanied by a witch called Kräuterhexe Klara, the main character in this year's Family Tyrol programme, the kids set off into the Karwendel valleys in Pertisau on the hunt for all kinds of magical herbs. The little witch urgently needs help – her cauldron exploded while she was brewing up a magic potion...On their adventure through the forest the children can try out climbing exercises, tree-climbing contests, and other adventures, all in the company of qualified mountain guides. Their first attempts at horse riding are guaranteed to be great fun and really get them into a summery mood. Water plays a central role on two days: mum and dad aren't allowed to know exactly what real buccaneers and pirates get up to all day long – things will really start to get lively on the bathing beach in Schwarzenau! And the water spirit Wassergeist Wusel needs the children's help for a day. He is the family mascot of the Achensee holiday region and he needs just one more crystal to complete his impressive underwater palace. Can it be found in the Unterau Valley in Achenkirch? Mum and dad are then allowed to take part in the evening starlit walk complete with lanterns that the children have made themselves.

Action-packed programme for 11 to 16 year olds

The "bigger kids" obviously have very different interests, and action is part of a successful holiday for them. Travelling on a Segway, an environmentally friendly two-wheeler controlled only by shifting body weight, they head off into the unique mountain scenery. They do some climbing in the Achensee "Climbers Paradise", as well as trying out the new trend sport of "slacklining", which requires complete concentration and a good sense of balance. The kids also go canyoning, which provides them with a unique ravine adventure. By the way, mum and dad are not allowed to attend – this is a "parent-free zone".

Fun with the whole family

There are numerous other activities on offer to ensure that the family can share some holiday highlights together. The unique natural setting provides plenty of fun and variety: families can go on leisurely walks through the surrounding valleys, around the lake, or even travel "up, up and away" on the cable cars. Cycle tours along the shores of the lake, or even slightly more sporty tours to the Alpine lodges further up the mountainside are also perfect for a fun family outing. The new farm-themed adventure playground in Pertisau is an additional draw for children.

New & action-packed: Adventure Park

There will be a new attraction in Achensee from this summer onwards, and it won't just impress families. The new adventure park, a forest rope course, will invite visitors to go on a treetop adventure. This exciting trip takes visitors across swaying bridges, unstable nets, swinging tree trunks and adventurous obstacles. The forest rope-climbing courses offer exciting challenges and guarantee pure climbing fun for everyone, with heights ranging from two to fifteen metres off the ground. Visitors can then embark upon a rapid zip line descent back to the ground, where tiny tots can play to their heart's content in the exciting adventure playground.

Fact Box

Children's Programme:

When:

5 July to 3 September 2010 and 4 to 22 October 2010 from Monday to Friday

Price:

The children's programme is free of charge. There is just a small charge of 5 Euro for food and drink at lunchtime.

Children's games festivals:

21 July 2010 on the bathing beach in Pertisau, and on 7 August on the Buchau bathing beach in Maurach (the Achensee Attack is also taking place – once again Jack Lago is searching for the most courageous pirates he can find for his crew)

Teenage Programme:

When:

5 July to 3 September 2010 on MON, TUES & THURS

Price:

The programme for young people costs Euro 30 per day per teenager, including equipment.

Additional information:

www.familien.achensee.info & www.achensee.info or in the current brochures

For further information

You can get information about the region and its villages from:

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Photo archive

You can download printable photos from www.achensee-fotoarchiv.at

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