

## **Achensee: A Region where you can let your Spirit fly high!**

**Alpine skiing is not everyone's idea of enjoyment; (although the Achensee ski slopes are certainly very tempting) therefore the Achensee Region - Tyrols Sport and Vitality Park - offers other winter sporting activities, guaranteed to give just as much fun and excitement!**

What makes winter hiking just so special?

In the Achensee Region there are 150 km of well cleared winter pathways surrounded by breathtaking snow covered mountains. (A week's holiday just isn't enough to discover all tracks.) There is a mixture of tranquillity and scenic splendour hidden in the many easy and pleasant trails through the valleys of the Karwendel Mountains, along the edge of the lake Achensee or just in and around one of the Region's villages. For the more enthusiastic hiker there are many mountainous routes where unspoilt nature can really be felt. Many of these routes can be enjoyed with snowshoes - a super alternative way to climb through the white winter wonderland. There are many mountain guides in the region to help you discover and enjoy the landscape.

### **Ski mountaineering**

Winter ski mountaineering, a sport which is becoming more and more popular! Achensee Region - an ideal area for this very close to nature sport - with the Rofan and Karwendel mountain ranges. There are many routes available, some close to lifts making it easier to reach another route. For example, the classic route to the Rofan mountain peak.

Before X-country-skiing was often referred to as ski-hiking or walking, a term not actually suitable to the sport as X-country-skiing can also be a very athletic sport, therefore, more suitable to the term ski-hiking is the new sport - Nordic cruising. This is done on much smaller and wider skies and can be skied on ungroomed snow (without tracks). An ideal sport for all nature-lovers!

### **Sledges with or without Horses!**

For a romantic-holiday a horse-drawn sledge-ride is a must! And something really special is when the sledge is drawn by an elegant "Lipizzaner" horse (well-known horses from the Spanish riding school in Vienna). But sledging can also be very sporting. Fun at your own speed can be done in any 5 of the sledging runs in the Region. In Achenkirch, there is the lift to take you to the starting point or in Pertisau the "Rodelexpress" (wagons pulled by a tractor) just to make things easier!

### **Christmas Wonderland**

In Tyrol the "Christkind" (Christ's child) brings the presents to all good boys and girls on Christmas Eve. The tranquillity of the fore Christmas period can really be felt in the Achensee Region - could it be that the Christmas workshop is somewhere close-by?

A unique idea in Steinberg - a small idyllic village in the Rofan mountains. The houses in the village transfer themselves into a pre-Christmas calendar. Each day, leading up to Christmas, one house after the other, lights its windows with a nativity scene - and in Achenkirch the village museum "Sixenhof" has a life size nativity scene with real animals and life size figures (from the 23rd November 2009 till the 6th of January 2010). This Museum - with its "old-fashioned" romantic atmosphere - is an ideal location for special occasions such as weddings or christenings!

And even when the Christmas period is over, there are still many interesting places to visit in the Region, for example, the prize-winning museum "Notburga" in Maurach or the "Mineral Shale Oil" museum in Pertisau which exhibits how the mineral oil is gained from the rock in the Karwendel Mountains.

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## Fact Box:

### Journey:

By car:

Inn valley motorway - Exit "Wiesing"/"Achensee" - Achensee main road or the Munich motorway - Exit "Holzkirchen" - "Te-gernsee" - "Achenpass" or through "Bad Tölz"

By train:

Inter-city or Euro-city to "Jenbach" and further by taxi or bus to the Achensee region

(The onward journey by bus is free of charge when you show your bookings confirmation from your accommodation in the Achensee Region). With the Achensee visitor's card the bus service is free of charge through the villages.

By plane:

Innsbruck Airport (approx. 40 km), Munich Airport (approx. 130 Km) or Salzburg Airport (approx. 150 km)

### X-country skiing:

150 km classic and 51 km Skating-tracks

Most of the tracks in Pertisau and part of the tracks in Achenkirch can be snow covered mechanically if necessary!

### Ski mountaineering in the "Karwendel" and "Rofan" Mountains

Tours in the Achensee Karwendel Mountains can be made from the villages Achenkirch or Pertisau. Popular routes being: the east side to "Lamsenjoch", "Seierjoch"; "Gröbner Hals", "Reiter Kopf", "Hochplatte" or "Juifen".

Numerous tours can be skied in the Rofan Mountains - from Maurach or Steinberg. Routes for all standards, for example, "Rofanspitz", "Hochiss", "Streichkopf", "Dalfazer Joch", "Stuhljöchl", "Schneidjoch", "Guffert" and "Unnütz".

### Ski- and X-country schools:

7 schools offering courses in Alpine, Snowboard and X-country skiing

### Winter hiking:

150 km cleared winter pathways

### Sledging runs

7 runs 5 of which are floodlit

### Horse sleigh rides

Achenkirch: Posthotel Achenkirch, Seealm, „Tuxerhof“

Maurach: „Feldererhof“

Pertisau: Hotel Rieser, Hotel Wiesenhof

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**Photo archive:**

Printed images can be downloaded! First of all, you must register.

This is done by filling in the form in the internet side: [www.achensee-fotoarchiv.at](http://www.achensee-fotoarchiv.at).

The return mail has then a „link“ where you can download images from the Achensee Region.

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